



Course Selection 2026

- ▶ Grade 9 audience
- ▶ Graduation requirements
- ▶ Preparation for course selection



After High School?



- ▶ Apprenticeship
- ▶ Military
- ▶ Direct to Work
- ▶ Post secondary
 - ▶ Universities
 - ▶ NBCC
 - ▶ Private Colleges



Course Selection Process

April 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
		Altered Schedule Course Awareness Tour & Grade level Presentations	Assembly Day Planning Day			
19	20	21	22	23	24	25
			Assembly Day Input Day	Homeroom Day Input Day		
26	27	28	29	30		

24 - LANGUAGE ARTS AND LANGUAGES

8 - HUMANITIES

8 - SCIENCE

12 - MATH

4 - CREATIVE ARTS

4 - WELLNESS AND PHYS ED

4 - CAREER CONNECTED

8 - PERSONALIZED WELL-BEING (ARTS, PHYS ED, CAREER)

8 - CORE CLUSTER ELECTIVES

20 - FLEXIBLE CREDIT HOURS

100 CREDITS



Graduation requirement: Humanities Cluster

- ▶ Civics
- OR
- ▶ FI Civics





Graduation requirement: Mathematics

- Geometry, Measurement and Finance 10 (FI)

AND

- Financial and Workplace Mathematics 110

OR

- Number, Relations and Functions 10 (FI)



**** If you are completing Geo 10 independently, you should choose NRF 10 and Foundations 110**

**** If you are completing Geo 10 and NRF 10, you should choose Foundations 110 and Pre-calculus 110**



Graduation requirement: Mathematics

- If you are a student who is inclined to take a post-secondary program that does not require academic math or wants to directly enter the workplace, you should choose:
 - Financial and Workplace Mathematics 11
- If you are a student who is inclined to go to university or a post-secondary program that requires academic math and does well in math:
 - Numbers Relations and Functions 10 (FI)





Graduation requirement: Personalized Well-Being

Creative Arts:

Choose one of the following:

- Dramatic Arts 110
 - Music 10
 - Visual Arts 10
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PERSONALIZED WELL-BEING: CREATIVE ARTS

DRAMATIC (THEATRE) ARTS 110

Dramatic Arts 110 is an introductory course designed for any student interested in developing skills related to creativity, performance, and production. This course is highly participatory and requires consistent attendance to facilitate the development of collaborative projects and student engagement in new experiences.

Music 10

In Music, learners participate in structured, creative opportunities with practice, collaboration, and performance. They develop vocal and/or instrumental proficiency, write and perform their own songs. Learners respond to music by developing musical literacy. They connect music to emotion and identify elements that contribute to feelings. Learners discuss the intention of composers, musical elements, cultural practices, the purpose of music in their lives, and various musical heritages.

Visual Arts 10

Building on Visual Art 9, Visual Art 10 is designed to further develop skills in drawing and painting using specific skills, vocabulary, techniques, and processes. Students will learn about works of art from the past and develop the language and terminology required to appreciate and understand it. There are opportunities each day to make, discuss and analyze works of art.



GRADUATION REQUIREMENT: PERSONALIZED WELL-BEING

Wellness and Physical Education

Choose one of the following:

- Physical Education Through Sport 110
 - Wellness Physical Education 110
 - FSL Wellness Phys Ed 110 (Choose for female identifying Wellness 110)
 - Yoga 110
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PERSONALIZED WELL-BEING: WELLNESS AND PE

Physical Education Through Sport 110

This course is designed to provide students with the knowledge, skills, and attitudes necessary to lead an active lifestyle focused on developing motor skills applicable to a wide variety of activities, understanding concepts basic to physical movement, and applying these understandings to various physical activities. The course emphasizes the importance of physical activity and wellness, encouraging students to make informed choices about their health and fitness. It also aims to foster self-initiated participation in physical activity.

Wellness through Physical Education 110 (Female identifying only class available)

The goal of Wellness is to promote healthy active living for life. The course is intended to encourage a broad-based exploration of a variety of activities, highlighting non-traditional approaches to fitness and wellness (e.g., yoga, hiking, personal training, etc.). Students will personalize their learning by researching, self-assessing references for engaging in lifelong physical activity.

Yoga 110

Yoga 110 introduces students to the ancient tradition of Yoga in its various forms and styles. With its vast capacity to bring vibrant health to body, mind and emotions, the intention is for students to develop a lifelong personal practice of Yoga not only to maintain exceptional physical condition, but also to develop healthy relationships with self, others and the world around them.

Students will participate in various activities, including the physical practice, meditation, breathwork, personal reflection, partner exercises, group discussion and classroom theory.



GRADUATION REQUIREMENT: PERSONALIZED WELL-BEING

Career Connected

Choose one of the following:

- Entrepreneurship 110
 - FI Entrepreneurship 110
 - Intro to Skilled Trades 110
 - Early Childhood Services 110
 - Hospitality and Tourism 110
 - Cybersecurity and Tech Support 110
 - Computer Science 110
 - Fashion Tech 110
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PERSONALIZED WELL-BEING: CAREER CONNECTED

ENTREPRENEURSHIP 110 (FI option available)

Entrepreneurship education provides learning with experiences that accelerate the need for students to accept greater responsibility to acquire knowledge, skills, and attitudes that will contribute to their future success. The entrepreneurial process, as outlined in this course, encourages a strong connection between theory and action. This course promotes experiential learning and recognizes the importance of nurturing an entrepreneurial spirit for personal and group success in and beyond the context of entrepreneurship.

INTRODUCTION TO SKILLED TRADES 110

Students will complete a series of projects from the areas of Woodworking, Motor Mechanics, Plumbing, Drywall Repair, Electrical, Manufacturing and Construction. All projects will be done in groups except for woodworking.

EARLY CHILDHOOD SERVICES 110

Early Childhood Services 110 helps students understand the role of the caregiver as well as the parents in a child's development. The theory in Early Childhood Services 110 best applies to the age group infancy to two years old. It prepares students for entry-level jobs in the childcare profession through knowledge of physical, social, emotional and intellectual development. This course will focus on the skills to prepare young people to work with children. This is a "how to" program applying basic theory to hands on activities including laboratory and/or observation time with children.



PERSONALIZED WELL-BEING: CAREER CONNECTED (CONTINUED)

HOSPITALITY AND TOURISM 110

The Hospitality and Tourism industry is a rapidly growing industry. This course will provide students with lifelong learning skills that are transferable to future learning and/or the hospitality and tourism industry. The student will acquire career information, skill development and the talents for employment. This course relies on resource-based learning, practical experiences, and access to resource people and information that will help the individual in his/her career choice. Topics include the four main sectors of the tourism industry, influences on the tourism industry, personal and interpersonal skills regarding career opportunities available, travel industry and marketing strategies.

CYBERSECURITY AND TECH SUPPORT 110

This course deals with the topics of hardware and software configuration, and systems issues. Although there is no specific prerequisite, students registering in this course should already have some background in computers. Course content includes operating systems, hardware configuration, and installation.

COMPUTER SCIENCE 110

This course is essentially a study of computer languages. Structured computer programming languages are used to design and implement programs that will solve problems on a computer. The acquired skills will provide a foundation for further studies in computer science or related fields.

FASHION TECHNOLOGY 110

This course is designed to introduce and prepare students for possible careers in the fashion industry. It deals with the history of the textile apparel industry, characteristics and construction of fabrics, careers available and the skills required, plus basic construction and product assembly with the use of technology.



Certificate: French Immersion

- ▶ 50% of the course load in grade 9 must be FI designated
- ▶ A minimum of 10 courses or 40 credit hours with an FI designation during your time in grades 10, 11 and 12



Course Selection Process

- ▶ Although we do our best to accommodate everyone's choices, sometimes it is not possible.
- ▶ We offer courses based on interest, e.g., if only 20 students sign up for a course, we will only offer one section of that course.
- ▶ Do not assume that you can change all of your courses, it may not be possible in September.



THANK YOU FOR YOUR ATTENTION

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D-K	Meaghan MacCormack	Meaghan.maccormack
L-O	Mrs. Babineau-Hall	Christine.Babineau-h
P-Z	Ms. Allen	Jessica.allen2



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- Ms. Allen (Jessica.allen2), Mrs. Babineau-Hall (Christine.Babineau-h), Mrs MacCormack (Meaghan.MacCormack) and Mrs. Ross (Sharon Ross) can help with